



## ADHD Symptom and Strategies (Hardback)

By Jeffrey Powell

Lulu.com, United States, 2015. Hardback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.ADHD- Attention deficit hyperactivity disorder- is one of the childhood disorders becoming more and more common in recent years. This is a neurobehavioral disorder, which starts to develop during childhood and may persist into adulthood. The defining characteristic of ADHD is difficulty keeping focus and attention, hyperactivity and difficulty in controlling the different behaviors. Are you living with ADHD? Are you seeing symptoms of your child, partner, or close friend of ADHD or ADD? What is this disorder? How do you deal with it, control it, begin to learn to live with it. This book will help you with all aspects of the disorder, but most importantly it will assist you in establishing a foundation to begin the necessary steps to reduce its symptoms and to live a normal life.



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