



## I Thought I Was the King of Scotland (Paperback)

By Jimmy Gilmour

Chipmunkapublishing, United Kingdom, 2009. Paperback. Book Condition: New. 201 x 122 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Description This is who I thought I would be. I knew I would be able to write a small book after my second breakdown, but I am not very good at wording things, but I have tried my best. These false beliefs went on until my fifth breakdown. I am not a nutter and I am not mad I just wanted to share my experiences with people that have had similar experiences in life. By writing this book I thought I would find out where the King of Scotland really came from and put an end to all these false beliefs. I have been through a long and painful journey having Bi-Polar Disorder, then being wrongly diagnosed more than once then being back to Bi-Polar Disorder again. I have had five nervous breakdowns since 1995 and lost my family and friends, it took me two years after my breakdown to regain my confidence again and get my life back together. After drinking heavily in the past and suicide attempts and over spending money. I never thought I would...



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