



Perinatal Mental Health: The Edinburgh Postnatal Depression Scale (EPDS) Manual (2nd Revised edition)

By John Cox, Jeni Holden, Carol A. Henshaw

RCPsych Publications. Paperback. Book Condition: new. BRAND NEW, Perinatal Mental Health: The Edinburgh Postnatal Depression Scale (EPDS) Manual (2nd Revised edition), John Cox, Jeni Holden, Carol A. Henshaw, The Edinburgh Postnatal Depression Scale (EPDS) is a questionnaire that was designed as a simple means of screening for postnatal depression in healthcare settings. The scale is now in use around the world and this book is a practical guide to using the scale in clinical practice, plus discusses its origins and development. This second edition has been revised and contains much advice based on years of experience. All chapters and references have been updated and the chapters on screening and counselling have been considerably revised, the evidence base on interventions for perinatal depression is provided, plus details of innovative methods such as internet-based therapy. The book includes the EPDS questionnaire itself in 58 different languages, plus a discussion of the questionnaire's cultural validity. The scale can also be used by researchers seeking information on factors which influence the emotional well-being of new mothers and their families and guidance is also given on use of the scale in research settings. The book will be useful for psychologists, psychiatrists, health visitors, midwives, family...

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