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Cooking with an Asian Accent: Eastern Wisdom in a Western Kitchen

By Compestine, Ying.

Houghton Mifflin. 1 Cloth(s), 2014. hard. Book Condition: New. Believing that Asian and Western cooking needn't be opposites but can instead be combined into something new, Ying Chang Compestine presents here more than 125 recipes for such dishes as Grilled Ginseng Chicken with Lime-Peanut Sauce; Sea Bass with Grilled Bananas; Tea-Steamd Broccoli; Forbidden Rice with Eggs and Almonds; Avocado and Smoked Salmon Spring Rolls; Hot Pomegranate Cider; and Papaya Soy Ice Cream. Compestine explains how to best set up your kitchen and pantry to accommodate Asian-inspired fare, and also offers advice on such essential techniques as steaming, stir-frying, and grilling. 250.



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